



MOUNTAIN VIEW HIGH SCHOOL GIRLS SOCCER

PLAYER EXPECTATIONS

As stated in the Bend-LaPine School District Participation And Training Contract, “All students who participate in athletics or extracurricular activities are expected to be positive role models for other students and members of the community at all times.”

Soccer Player Expectations: These are expectations your coaches and teammates will have of you as a Mountain View Cougar Soccer Player.

Not only are you tasked with abiding by these player expectations, but also with enforcing them. These expectations represent a commitment to yourself, your teammates, and all those involved in the Mountain View Soccer Program.

If you cannot follow and uphold these guidelines, you and your teammates will be encouraged to do so by your coaches. In extreme cases, violation of these guidelines may be cause for temporary or permanent removal from the program.

As a Mountain View Soccer Player I Will...

1. At all times, conduct myself in a manner that is always a positive representation of myself, my family, the Mountain View Soccer Program and Mountain View High School. (This includes use of foul language and gestures, and social media use.)
2. Strive for excellence in my academic studies and attend all classes on time.
3. Demonstrate a positive attitude and leadership in all situations.
4. Give my best effort possible in team activities, training, and games.
5. Treat teammates, coaches, opposing players and coaches, referees, and parents (especially my own) with the utmost respect and consideration.
6. Be on time and prepared for school, training, bus trips, and games.
7. Abide by the OSAA, Bend-LaPine School District & Mountain View athletic rules regarding Alcohol, tobacco, and drug use; no use of mood-altering chemicals (non-prescription drugs, illegal drugs, alcohol, or tobacco, including smokeless or e- cigarettes) is allowed.
8. Be responsible for letting my team coach know 24 hours or more in **advance** when I am unable to be at training or a game. Anything else will be regarded as an unexcused absence.
9. Budget my time to allow for appropriate attention to all areas of life, including soccer, school, homework, jobs, family, faith, etc.
10. Treat all Mountain View Soccer issued uniforms with respect. I understand if my uniform is lost or damaged, I will be charged for the garment and customization.
11. Be responsible for your own health as well as the health of your teammates and coaches. **If you have any sickness symptoms especially those associated with COVID, please let your coach know and do not attend team events.** It is better to be safe and miss a practice than to expose the program and your teammates to possible sickness.

LETTERING POLICY

Soccer Lettering Policy: A letter is an honor to receive, and a major accomplishment in the Mountain View soccer program. It signifies that a student is not only a good athlete, but also a good teammate, a team player, and a person of good character.

To receive a letter, a player must complete one of the following:

1. Participate and compete in at least 6 halves of regular season Varsity contests. (Playing during any amount of time in a half counts as playing in a half.)
2. Commit to 4 seasons of play at any level in the Mountain View Soccer Program.

The coaching staff reserves the right to award/not award a letter at their own discretion, regardless of the qualification circumstances.

*A violation of the alcohol, tobacco, and drug policy of the District, or School will immediately disqualify the player from consideration for a letter during that season.

As a Mountain View High School soccer player, you are held to a high standard both on and off the field.

These expectations and the principles above are intended to provide you a model to follow to insure a successful soccer career here at Mountain View High School.

This is a commitment to yourself and your teammates that you will give your best effort as a Mountain View soccer player to uphold these standards.

I have received a copy of the Mountain View Soccer Player Expectations and Lettering Policy, and I have read, and understand the policy, and agree to uphold and act according to the player expectations above.

Player Name

Witness (Parent Signature)

Player Signature

Date